



CANADA COVENANT CLERGY HEALTH RESOURCES

The Canada Covenant Church (CC) recognizes the important role that healthy pastors and staff play in the mission and ministry of the church. To that end, the Canada Covenant has in place resources that support the care and wellbeing of pastors.

LIFELONG LEARNING RESOURCES

- + Round Table Groups (Feb/March)
- + Ministry Labs - Occasional conversations on timely topics.
- + Anti-Racism Cohort
- + Fall Retreat
- + Annual Ministerium Meetings
- + Health Pastor Healthy Church (ECC)
- + Transforming Polarized Thinking (ECC)

ADDITIONAL RESOURCES

Counselling

The CC will provide funding for an initial 10 sessions of counselling. If counselling resources are partially covered by provincial health plans the CC will assist with the shortfall in coverage.

Spiritual Direction

The CC will provide funding for 10 sessions of spiritual direction.

Spiritual Direction for Clergy Spouses

The CC will provide funding for 10 sessions of spiritual direction for clergy spouses.

Ministry Coaching

The CC has trained ministry coaches that will come alongside pastors to help them flourish. The CC will provide funding for six sessions of coaching.

Jump Start Financial Resourcing

The CC has trained financial coaches to help assess a pastor's financial situation and to assist in the development of a wise financial plan. The CC will cover the cost of the Jump Start Assessment and Coaching.

Sabbatical Planning

The CC affirms that churches should invest in their life-together by having in place a sabbatical policy for pastors. The CC can offer church boards assistance in endorsing and implementing sabbatical policies. Additionally, the CC can offer pastors help in planning a fruitful sabbatical. Fruitful sabbatical planning needs 12-18 months of pre-planning. The CC offers sabbatical leave scholarships up to \$1000.

Retreats

The CC believes it is a good practice for pastors to take periodic pauses from ministry. Each year the CC offers two retreats for pastors to take advantage of - the Fall Retreat and Summer Silent Retreat (starting summer of 2024). Financial assistance is available to help offset the costs of attending a retreat.

